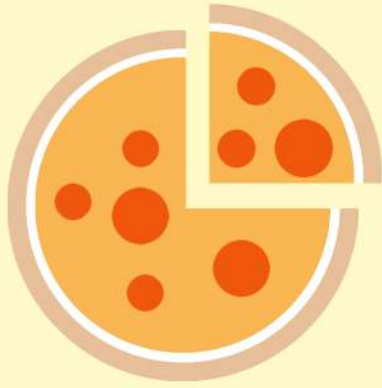
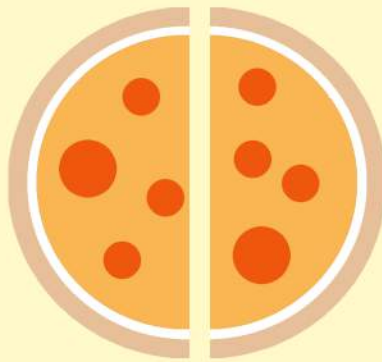


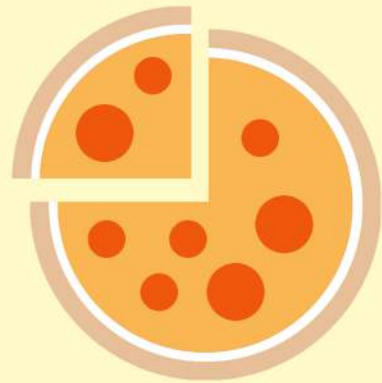
how long's your lunch?



15 minutes?



30 minutes?



45 minutes?



Hungry for change?

Microvolunteering can take a few minutes from your lunch break and turn it into big results. Commit anywhere from 30 seconds to 30 minutes to help relieve poverty, save the planet, or just make the world a better place.

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CHANGE THE WORLD IN JUST YOUR LUNCH BREAK