GOT 10 MINUTES?

There is so much potential to do some good in this world with just 10 minutes of your time!

10 Minute Facts

Did You Know?

In 2012, over 3 billion passengers were carried by the world's airlines

If all those people spent just 10 minutes micro-volunteering on their flights,

it would equate to 57,077 years volunteered!

Over 22 million weddings were held around the world in 2002

If all those weddings invited guests to donate just 10 minutes of microvolunteering in lieu of gifts

it would equate to about 420 years volunteered!

OR

2,863 square miles of rainforest saved

OR

Feeding 85,616 hungry people 2 bowls of rice per day for 1 whole year.

At any one time, one-third of the world's population could be in bed. That's 2.37 billion people as of 2013!

If they all spent 10 minutes microvolunteering before they got under the sheets,

it would equate to 45,090 years volunteered!

OR

Supplying 454,507,200 needy people supplied with clean water for 1 whole year

10 minutes, *really?*

Yes. It can be done with microvolunteering: volunteer work done online to benefit non-profits and communities. **Anyone** can do it! Volunteer on your time and suited to your lifestyle.

What can YOU do in 10? Visit helpfromhome.org to learn more!

Sources: Wikipedia entries, US Census Bureau http://www.census.gov, freerice.com, Worldometers website